

## WOMENCARE

*A Healthy Woman is a Powerful Woman*

Phone: (407) 898-1500

Nurse (during office hours) Ext 13

You are scheduled for a Hysteroscopy:

Day/Date: \_\_\_\_\_

**\*\*\*PLEASE ARRIVE AT 10:30 A.M. TO ALLOW TIME FOR CHECK-IN\*\***

### Pre Hysteroscopy Instructions

- This procedure cannot be done during a heavy menstrual period or if you are pregnant. PLEASE call the office if either of these conditions occurs.
- Do NOT take aspirin or Vitamin E within 24 hours of your procedure.
- Please do NOT bring small children with you, unless another adult is present to watch them for you.
- Bring someone with you to drive you to and from the procedure.
- You can bring an ipod/MP3 player to listen to music during the procedure.
- You will be picking up the following prescriptions from the pharmacy.
  - Cytotec (generic: Misoprostol) 200mcg #1 tablet
  - Doxycycline 100mg #2 tablets
  - Valium (generic: Diazepam) 10mg #1 tablet
  - Vicodin (generic: Hydrocodone/Acetaminophen) 5/300mg #10 tablets
- Take the prescriptions medication as follows:
  - Cytotec: insert one tablet into the vagina, as far back as you can place it, the night before the procedure allowing the medication to absorb over night. This medication may cause some cramping and spotting but this normal.

- Doxycycline: take one tablet one hour prior to the procedure, at 10:00 a.m., with a light snack. You will take the second tablet after the procedure, 8 hours after the first pill at 6:00 p.m.
- Valium: take one tablet one hour prior to procedure, at 10:00 a.m.
- Vicodin: take one tablet one hour prior to procedure. You will have additional tablets to take one every 6 hours if needed.

\*Please call the office if you have any questions regarding this information.